

ThinkHealth News 2025

Software Thinking and Standing with You





Agency Events and News

You Can't Pour From an Empty Cup (11-13-25) IN PERSON

In a world where everything seems to be moving faster, where more and more things compete for our attention, taking care of ourselves is often the last thing on our to-do list. But ignoring or putting off self-care can increase our stress and lead to burnout. his training teaches participants to recognize stress, apply self-care strategies, and create a personalized plan for well-being.



Click Here for More Information

Lift Every Voice: Multicultural Mental Health Conference

The First Annual Lift Every Voice Mental Health Conference is a two-day event highlights diverse voices and promotes cultural compassion in mental health care through keynotes, workshops, and panels featuring community leaders and experts. Attendees will gain strategies for providing culturally sensitive care and can earn CEU hours for LMFTs, LPCs, and Social Workers.

Click Here for More Information

YOUTH Mental Health First Aid (11-05-25) BLENDED

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.



Click Here for More Information

Introduction to Eating Disorders What Providers Need to Know to Support

This training helps participants recognize and address eating disruptions in youth and families using evidence-based practices. It covers identifying warning signs, knowing when to refer for care, and addressing links between food insecurity, eating habits, and body image.

Click Here for More Information

Customers Hot Topic

Introducing ThinkHealth's AI-Powered Clinical Note Reviewer

We're thrilled to unveil **ThinkHealth's Clinical Note AI Reviewer**, the first feature of its kind available in Oklahoma and Ohio. This powerful new tool works quietly in the background to review your clinical notes — helping your team **save time**, **reduce errors**, **and streamline documentation**, all without disrupting your current workflow.

The Clinical Note AI Reviewer is more than just a time-saver. It's part of our ongoing mission to help behavioral health and substance abuse agencies work smarter, not harder. As the third AI-powered feature built directly into ThinkHealth, it continues our 25-year tradition of leading innovation in behavioral health software.

With **ThinkHealth**, you don't just keep up — you stay ahead.

Read More Here.

Billing complexities shouldn't stand in the way of your practice's success. <u>ThinkHealth</u> is here to guide you through unlocking the full potential of billing with Medicare, Medicaid, and private insurance effortlessly.

- Stay ahead of the curve with ThinkHealth's real-time updates, ensuring your billing practices are always compliant with the latest regulations.
- Discover valuable tips and tricks to maximize reimbursement and optimize your revenue streams with ThinkHealth.
- ThinkHealth's Billing Module streamlines your billing workflows, making the process efficient and error-free.

Call us now for More Info!

Office: 405 . 286 . 1674

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EATING

NEWSLETTER HIGHLIGHTS

The government shutdown's impact on mental health

The ongoing government shutdown is severely impacting Oklahomans, causing missed paychecks for federal workers and military personnel, and delayed SNAP benefits for families. Carrie Blumert, CEO of the Mental Health Association of Oklahoma, warns that the stress from financial strain and limited resources is increasing mental health challenges, including relapses among those in rehab and even suicidal thoughts. She emphasizes that support is available through hotlines like 988, 911, and the Mental Health Association of Oklahoma (405-943-3700), and encourages people to seek help rather than suffer in silence.

Read More Here.

Shadyside council supports mental health renewal levy

At a Shadyside council meeting, Patricia Allen of the Belmont, Harrison, and Monroe County Mental Health and Recovery Board sought support for the Nov. 4 renewal levy, which would not raise taxes and funds programs such as crisis response, the Belmont County CARES program, detox services, and youth mental health initiatives. Allen noted rising suicides in the area, while overdoses have decreased thanks to BelHarmon's detox program. Council members voiced support for the levy and also approved Pastor Joel Traylor's plans for the "Christmas in the Loop" tree lighting on Nov. 25 and parade on Dec. 5, including temporary street closures.



Read More Here.



Mark Your Calendar

November 2nd

<u>Daylight Saving Time Ends</u>

November 9th

Nurse Practitioner Week

November 11th

<u>Veterans Day</u>

November 13th

World Kindness Day

November 14th

World Diabetes Day

November 20th

Hanukkah

November 27th

Thanksgiving Day



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